



**Delaware Bicycle Council  
December 5, 2012  
DelDOT Administration Building  
Meeting Minutes**

**Members Present**

Fred Breukelman, Dept. of Public Health Representative  
Fran Cardaci, At-Large Representative  
Tom Felice, DelDOT Representative  
Sgt. George Heberling, DE State Police Representative  
James Ireland, DE Greenways Council  
Judi Jeffers, At-Large Representative  
Mike Krumrine, DNREC Representative  
Roger Roy, At-Large Representative  
Mike Tyler, At-Large Representative  
Amy Wilburn, Chair & At- Large Representative

**DelDOT Support Staff**

Anthony Aglio, Bicycle Coordinator DelDOT  
Drew Boyce, Director of Planning, DelDOT  
Fritz Schranck, Deputy Attorney General DelDOT

**Members Absent**

Walt Bryan, Sussex County Representative  
Tom Hartley, Kent County Representative  
Allison Kirk, Office of Highway Safety  
John Pasquale, DHSS  
John Ray, Department of Education  
Ted Williams, Council & Transportation

**Guests Present**

Mike Connors, Cape Henlopen High School  
Dawn Hopkins, DelDOT Public Relations

**The meeting was called to order at 5:10 pm**

**I. Welcome**

Amy Wilburn welcomed the members to the meeting and asked that they all introduce themselves to the guests.

## **II. Featured Topics**

### Funding for Cape Henlopen High School

Mike Connors, Department Chair for Health Physical Education and Drivers Ed at Cape Henlopen High School introduced himself. The reason I am here tonight is to talk about proposal that I submitted to Anthony not too long ago about a class we are offering at the high school about Lifetime Fitness. The class is geared towards young individuals who maybe on the verge of not being physically fit or obesity. Our department is trying to provide the tools to these students so they can have successful alternatives when it comes to their health. Last year Anthony and DelDOT came down and did a seminar at the High School on bicycling during the school day. Sparked interest with all the people involved with the ride. They took a ride down the Breakwater junction trail, I lived in Milton for years and because of that the following weekend took a ride down the Breakwater Junction trail and fell in love with it. We have a daughter who is 8 we have a son who is 4 he gets on a bike behind me and we get on the trail and go. We love it. Last summer I proposed to my principal, I am possibly interested in some bikes in the schools to our department to offer this class for cycling and getting out being a part of the Cape region. We have the best back yard. We have all resources right there. The Principal gave me the green light and the Superintendent also. This was great because DelDOT also made some changes right by the entrance of the High School Kings Highway. Has great accessibility for bikes. This is a win - win situation. In the fall I sent a proposal to Anthony about purchasing some bikes for us and we have already purchased 18 bicycles from Lewes Bicycles and he has been very supportive of our needs, his contribution to the program is servicing our bikes twice a year, if parts or any breaks on the bikes he will help us out with some of the costs associated with it. Money has been donated and bikes have been purchased from the Lions Club, Beebe hospital, private organizations, and insurance companies within the area that have supported the program. Anthony stopped in and we asked if DelDOT was interested in providing some helmets. Anthony brought down 36 helmets to the students so we are safe when we ride on the trails. Our goal for this year is to have 35 bikes. What we are trying to do is not only incorporate the bicycles with the lifetime fitness class but also spark interest in the rest of the student body. What we are looking to do in the spring time and in the future is incorporate it into the physical education classes. Where we have teachers at the High School for example on a Tuesday, during period five you are taking your PE class on the Breakwater Junction trail. Everyone is very excited about it, the students are very excited about it and again we have the best back yard for it. Also hoping that the proposed changes to the Breakwater Junction trail going through Lewes through Georgetown, who knows when that's going to happen but we feel like there is opportunity to further our cycling program at the High School. I am coming here tonight to ask the Delaware Bicycle Council if they would be of any assistance to us and in helping us purchase some additional bikes for the Department and the student body of Cape Henlopen High School. Anthony Aglio instructs the committee to see the packet provided; just past the minutes is Mike's proposal. 4 different categories for funding are provided. Can buy four bicycles for \$1,000.00. The bicycles will also have a personalized license plate on the back of the bicycle saying who the bicycle was donated by. We are doing whatever we can to show who is supporting our program. Currently we have 18 bikes and our goal is to get to 35. The District has been very supportive of this. We already have gotten some recognition in the Cape Gazette, we had a small little press release and picture (passed around the

table). We are very excited about this and feel it has great potential; this is the new wave of physical education, about outdoor activities. It's not necessarily about the sports it's about kid's lifetime activities. It's a great opportunity for the High School to represent the State with a cycling program. In talking with Anthony I don't think there is another program in any other High Schools in the State and we are very proud of this. Each category represents one helmet and a bike and a customized license plate. That's requesting four. We are always open for more bikes. Roger Roy motions that they spend \$2,000.00 for the program. Mike Tyler has two questions: What is the nature of the exercise program? How would this be regulated? Response: This is something that the administration did ask me and they are also concerned about safety with the High School kids. One of the things we talked to a lot of teachers and with this class we have 15 students we are piloting this class and she takes the students out she is the line leader, the kids know they need to be behind her and we have actually had some parents volunteer. The kids know they need to stay within range and if they do not the privilege is revoked and they are done. It is amazing that the kids who do test the waters with the teachers, they want to take part in this program, they get asked if they are going to follow the rules, the rules of the road, this is things that are asked before even the first ride. We've had a little seminar given on bike safety so they know the rules of the road. So there isn't any liability. Mike Tyler asked if any of the students ride their own bikes. Some of them do. When the weather is fair we have maybe a dozen kids. It varies. They do have bike racks out front and the kids know they can bring their bike if they choose. The biggest thing with the High School is we have a lot of kids that live out in the Gills Neck road area. Most of them drive. Amy asks Anthony how much money is the Council anticipated to have this year? Anthony: Right now approximately \$15,000. Amy: How much has already been assigned? Anthony: Legislator's ride is \$500.00 for the bus; Helmets have already been purchased for the checkpoints. Bike Memorial the sign we were going to talk about I have two calls into Lloyds Memorials and haven't had a call back. I assume that is a few hundred dollars. Discretionary if we are going to buy t-shirts that's normally around \$3,000.00, we would have around \$10,000.00. Roger Roy states this is the type of program we should be encouraging. Fran asks if this is a normal request for a High School to request donations for a health class. Roger: states there are boards that raise money for a lot of things the State and School District doesn't cover. There are a lot of things the school districts just don't cover. Mike: If you're a technology not a core subject area you get left out. I have asked the school and they have basically said "Let's see how this gets started, if it gets rolling then we would like to help." They want to make sure there is support there. We have used money from the PE uniform sale to buy some of the bikes. Our department is giving back to the program and I think the District will once they see it is up and running. The students get credit towards graduation for taking this class. Motion to fund \$2,000.00 was made by Roger Roy. 8 in favor of motion, Mike Tyler Opposed b/c he would like to only give \$1,000.00 and let them get other donations. One abstention. Motion passed.

Anthony Aglio let Mike know we have some great resources if he ever wanted to come to the group for someone to talk to the students. Mike Krumrine also suggested that he talk with Nemours. Mike let the council know that the overall physical fitness of the students is being monitored. There will be monitoring on the success of this program.

Minutes Review

Roger Roy made the motion to accept the minutes. Tom Felice 2<sup>nd</sup> motion to approve. No one opposed. Minutes approved.

Funding for Bike Memorial at Smyrna Rest Stop

Bob Wheeler was the bicycle fatality this year; it was brought to our attention that more should be done for fatalities. The thought has come up to put a memorial up a memorial at the Smyrna Rest Area in the Memorial Garden. Working with some of Bob's friends to put a bicycle logo on a brick. Mike Tyler asked if anyone had seen the ride of silence logo with the cyclists name on there as an option. Anthony Aglio: There are currently no logos on any of the signs at the memorial and that would be a hurdle. There are memorials for State Troopers and DelDOT workers etc and none of those have logos on them. Roger Roy suggested we find out if we can have a logo. Amy asked if we can't have a logo can we at least have a bicycle put on the brick? Anthony Aglio will check on this. The memorial bricks that are currently in place are spaced out. There is not an open space we could use; we need to find out if the bricks are spaced out for a reason. If those are permanent spaces then we may have to add our own area of bricks and some plants as well. Anthony will get a cost for this and come back at the next meeting. Vote is tabled until next meeting. Tom Felice is asking if a sign could also be placed on a heavily traveled trail to promote awareness. The reason for the garden is to eliminate such signs and roadside memorials. The White Clay Bike Club is interested in helping pay for the brick in Bob's memory.

Bike Safety Awareness Campaign

Dawn Hopkins is still going to be involved heavily. If anyone is interested in staying involved with this campaign let Anthony know. They are thinking along the lines of less pamphlets, more media, and several different messages placed on bus backs. See it Both Ways, keep that message but if you are in a park you see one message if you are on the road you see another message, same for a pathway. This would target the different populations. Dawn Hopkins spoke with John Hollis from Nemours and he wants to combine a safety effort/health which is public health, Sussex outdoors and the economy. This is all brand new. They would like to be on WBOC, Delmarva Outdoors, magazines. Amy asked if the campaign was the focus? The campaign can be a part of this. Their focus is the trails and getting people to use them. Trying to get people on their bicycles and exercising. They will be having events in the spring. Amy: this could be a way to publicize the campaign along with the memorial. This would be using different venues and reaching different population. They are working on getting a trail around the Delaware State Fair. The money coming to pay for See It Both Ways campaign is from the Trails and Pathways program. Suggestion from Anthony is to develop three or four messages and solidify the messages and how we want this to look. We use the money to solidify this and then look for more money on how to push this all out. Maybe Nemours would help and pick that. Amy is concerned on where else we could get more money. She asked Fred if he knew of any? His response was it depends on the courts. Anthony gave an example for cost. To get on a new New Castle County bus back for 18 buses for 1 month the cost is \$2,400.00. Amy said if the council could kick in money if we can get material designed and other groups kick in money they could patch all the money

together to make a dent to get the word out. Looking to have this committee come together and meet in January. Is anyone interested? Amy Wilburn, Fred Breukelman and Mike Krumrine are interested. Our hope is to release this in May during bike month.

#### Intersection Improvements

Amy Wilburn will work on providing a list of intersections for Secretary Bhatt at the next meeting. Discussed fee in lieu of construction idea for bicycle facilities when developments are being designated and working to get access permits.

### **III. Event Announcements**

#### Christmas Ride

There is a singing Santa ride to raise money. There will be a bike parade and stopping at various locations and singing. Would be nice for people to join the parade. Participants need to be dressed for the holidays in some way. Saturday December 8<sup>th</sup> leave 3:45pm from the Newark Bike Project (7 Elkton Road), near Main St/DE Ave. Should be over by 5:00pm. Make sure you are dressed and decorated festively if you are coming. The information is also on the website. If the temperature changes or we have rain or snow we will postpone this a week.

#### Newark Bike Plan

They will be having a public meeting December 6<sup>th</sup>, 4pm till 6pm at WILMAPCO. Anyone who is in the area and wants to attend please attend.

#### Webinar

Ask Drew if we can have a Webinar on Bicycle signage. Will get the details and email the council with the details. The webinar will be up on the APBP website, not sure if you need to be a member to access it. Bike DE has also asked about it. Bike DE would like to pay for a Webinar at WILMAPCO and then DelDOT hold a separate one. Bike DE is willing to pay for the one at WILMAPCO. DelDOT would be a host site. There is a fee so we would have to use one log in site.

### **IV. Old Business**

#### Bike Summit

Monday January 14<sup>th</sup>, 1:00pm at the Smyrna Diner is the next meeting. Looking for new people to help out. Mike Leventry is attending and 3 or 4 other people are attending. Susan Moershel is going to present her idea of combining the Bike Summit and the Trail Summit.

#### Website Committee

We need content. Amy just sent the Santa ride information and that is up. There is an article from League of American Bicyclist about a fundraiser that was put on there. Amy will contribute a recap of the Santa ride for content. If anyone would like to write an article about the money given to Cape Henlopen High School that would be great. Tom Felice will write a biking article. Will ask Mike Connor to write an article for the

Cape Henlopen funding. Bud will submit an article on the Driver's Ed Training. Fred is going to put up an article on health and obesity. End of the year if anyone has attended an event please send pictures to post. Put the event, the logo information on the picture.

#### Driver's Ed Training

Bud dropped the disk off. The presentation and video is all there at Driver's Ed. The texting video should be put on the website. It was put out by AT&T about a year ago.

\*\*Tape ended at this point\*\*

Information provided by Anthony Aglio's notes

An update was given on the following:

#### BEST Bicycling Safety Initiative by Amy Wilburn

#### Review of LAB Bicycle Friendly State Application

#### Brief review of the 2012 goals

The Council decided to carry forward:

1. Support Bicycle Friendly Communities
  - a. Work to get more communities to apply
  - b. Strengthen existing to improve ranking
2. Promote Bicycle Friendly Businesses
  - a. Aim to get more shower facilities in large employer work places
3. Develop Requirements for State Buildings
4. Education for and about Non-Motorized Users
  - a. Law Enforcement
  - b. Support BEST
  - c. See It Both Ways
5. Support Bike Program Funding Requests
6. Support Trail Funding
  - a. Industrial Track (champion)
  - b. Trail Signage

Other:

- License Plate
- Safe Routes to School
- Project Pools